

Advice to students:

In order to be assessed as competent for Assessment Task 21, you are required to complete the following two Case Studies.

Read through the Case Studies and respond to the questions.

QUALIFICATION:	SIS20312 Certificate II in Sport and Recreation
TASK:	Assessment Task 21: Case Study
CASE STUDY:	<p>CASE STUDY 1</p> <p>You have been working in the local community recreation centre for the past 8 months. It has a swimming pool, a gymnasium and three squash courts.</p> <p>‘Dave’, a 38-year-old male comes into the centre. He is a little bit overweight, and quite obviously not very fit. He claims to smoke ½ a pack of cigarettes a day and averages a dozen stubbies a week. His mother had open-heart surgery three years ago and his father suffered from a heart attack 6 months ago. He says his grandparents both died in their 50’s of heart attacks.</p> <p>He claims that he wants to get fit and have his own ‘six-pack’ and doesn’t want to end up in a grave at an early age, but doesn’t know where to start or what to do.</p> <p>Dave has been coming to the centre now for about two months. He does a bit of swimming and a half-hearted fitness routine a couple of times a week. He is a likeable person, and you often stop to talk to him while he is standing outside having a cigarette during a break in his fitness regime.</p> <p>One afternoon he complains to you that he overheard one of the staff at the centre talking to one of the other clients, saying that Dave is fat and stinks of cigarettes and booze, but as long as he smokes outside there isn’t much they can do. He is quite upset about the comments.</p>

CASE STUDY 2

You have been coaching the Under 10 Girls' team for the past season and a half with some success. The team had a pretty poor first season, winning just 2 of 16 games, but in its second season, it has already won 4 of the first 8 games and is sitting in 5th place on percentage, one spot out of finals contention. The team has gelled really well, and all of the girls get on well with each other. Occasionally the team struggles to field enough players to have adequate substitutions during the match, so when a parent from the local school where most of the girls go rings you and says that her daughter is interested in joining the team, you jump at the chance to add a player to the roster. The mother tells you that her daughter used to play soccer but lost interest, and now wants to try basketball. You tell the mother to bring her daughter to the next training session to meet the girls.

When you tell the girls at the next game that a new girl wants to join the team, there is some initial excitement until you say the girl's name is Aziza. One of the girls says: "Not Aziza from school?" You say yes, and ask what the problem is. The girls look around at each other uncomfortably and say that Aziza was kicked out of the local soccer team because she has black skin and comes from Somalia. While the girls all say that they don't have a problem with Aziza, they just want to make sure that there are no problems.

Aziza has now been playing on the team for about 6 weeks. While you don't say anything to anyone, you can now understand why the local soccer team did not welcome Aziza with open arms. She is unpleasant and surly, and rarely assists with setting the equipment up. She does not go out of her way to help anyone. Her mother (Nadifa) often asks other parents if they can pick Aziza up and take her to the game, or drop her home afterwards; when she is asked to reciprocate, she generally uses the excuse that she has to look after her other 4 children who are all under the age of 3.

When one of the mothers tells Nadifa that she can no longer drop Aziza off at her home, Nadifa comes to you and complains that the other parents are racist, and asks that something be done to punish them.